

The Launch

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BIG IDEA

Because God is the one who builds, leads, and sustains our lives, we can release control and faithfully steward the people He has entrusted to us.

KEY SCRIPTURES

Psalm 127, 1 Thessalonians 2:11-12, Ephesians 2:19, Matthew 12:50, 1 Timothy 1:2, Ephesians 6:4, Ecclesiastes 3:1

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1. God doesn't shape us despite our seasons; He shapes us through them. Can you think of a transition season in your life where you saw God shaping you through the change rather than simply helping you survive it? Share how you grew in that time of transition.
 2. Psalm 127:1 says, "Unless the Lord builds the house, the builders labor in vain." What are some ways you have tried to "build" your life, family, or relationships without depending on God? What helps you partner with God instead of trying to manage life on your own?
 3. In times of transition, we often default to one of three postures: control, complacency, and trust. Which of these do you tend to drift toward? What helps you to move towards a posture of trust?
 - Control says, "It all depends on me."
 - Complacency says, "Nothing depends on me."
 - Trust says, "I will faithfully show up and entrust the outcome to God."
 4. Read 1 Timothy 1:2. Who has God entrusted to your influence, and what might it look like to intentionally invest in them? Do you have any "sons or daughters" in the faith?
 5. Psalm 127 describes children as a "heritage" or inheritance from the Lord—something entrusted, not owned. How does that perspective challenge the way our culture often thinks about relationships, parenting, or influence?
 6. The question was asked: "Am I cultivating or controlling?" What are some subtle ways control can disguise itself as care, wisdom, or protection?
 7. "What you can't release usually shows where trust is incomplete." Do you agree with that statement? Why or why not? What areas of life most test your trust in God?
 8. Read Ecclesiastes 3:1-8. Why is discerning timing such an important part of spiritual maturity? Have you ever held on to something longer than God intended? What do you sense God may be asking you to release, entrust, or surrender in this season?

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9. Read Mark 4:26-29, where Jesus describes the kingdom as seed growing mysteriously. How does that passage reinforce the idea that growth ultimately belongs to God, not us?

10. What “small releases” might God be asking you to practice right now—trusting someone with responsibility, allowing someone to struggle, surrendering expectations, or letting go of an outcome?

11. Looking at Psalm 127 as a whole, what do you think it teaches about the balance between human responsibility and God’s sovereignty?